

# Full Packet

All premium documents in one file

**Date:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Host:** \_\_\_\_\_

Build a clear story. Tell the truth. Put Jesus at the center.

# Participant Guide

Personal workbook and notes

**Date:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Host:** \_\_\_\_\_

Build a clear story. Tell the truth. Put Jesus at the center.

# Schedule

For personal use during the event.

## Weekend Format

### Day One 6 - 10

Meal.  
Teaching.  
Huddle.  
Movie Session.  
Rest.

### Day Two 8 - 6

Breakfast.  
Teaching.  
Huddle.  
Lunch.  
Story Prep.  
Story Share.  
Communion.  
Dinner.

## How to use this event

- Bring your story. Do not curate it.
- Listen well. Honor what is shared.
- Engage. Ask honest questions.
- Be direct. Do not perform.
- Do not fix. Pray.
- Write. Name what is true.

### **What Tonight Is and What Tonight Is Not**

#### **Tonight is**

Stage setting.

Language and structure.

Preparation.

#### **Tonight is not**

Story sharing.

No one shares their full story tonight.

Tomorrow is the space for story.

### **What To Bring**

Bring a Bible.

Bring a notebook, if you want one.

Bring courage. Bring humility. Bring your real name.

### **How Story Time Works**

Each man gets one hour.

Thirty minutes to share his story.

Thirty minutes for follow up questions.

You will not be interrupted during your thirty minutes.

We will listen.

After you finish, we will ask questions to help you name what matters.

Not to diagnose you.

Not to debate you.

Not to fix you.

To help you bring your story into the light.

**Your Story. A Simple Structure**

Use this as your guide for your thirty minutes.

**1. The visible story**

What others see.

What you built.

What you carry.

What you hide.

**2. The inner story**

What is beneath the surface.

Fears. Wounds. Beliefs. Desires. Shame. Anger.

*“Above all else, guard your heart, for everything you do flows from it.”*

Proverbs 4:23

**3. God’s eternal story**

Where Jesus has been at work.

What He has redeemed.

# The Wound and the Mask

A boxed reflection page. Write slow. Name what is true.

**The wound** is the core pain you carry.

**The mask** is the strategy you use to keep that pain from being touched.

## The first mask

In Genesis 3, after sin entered the world, Adam and Eve realized they were exposed. They sewed coverings and hid from God. (Genesis 3:7–10.)

When we feel exposed, we often do the same thing. We cover. We hide. We manage what people see.

## Write it plainly

What is the repeating wound you carry into rooms, relationships, and leadership.

What mask do you tend to wear when you feel unsafe or unseen.

## Common masks

Control. Performance. Humor. Anger. Withdrawal. Busyness. Pleasing. Perfection. Silence.

## Two honest sentences

*The wound I carry sounds like:* \_\_\_\_\_

*The mask I wear looks like:* \_\_\_\_\_

## Bring it into the light

What would it look like to stop hiding, even in one small way, this weekend.

### Movie Lens

One film will be used as a shared lens for the weekend.

Possible options:

- Warrior
- The Way
- Field of Dreams

### How To Watch

Pay attention to what the story reveals.

The mask.

The structure.

Notice where fear drives decisions.

Notice where control shows up.

Notice where avoidance shapes relationships.

Then ask:

What is the cost of living from survival?

What changes when a man stops running?

What does repentance look like in real life?

### Final Reminder

You are not here to impress anyone.

You are here to tell the truth.

*“The Lord is near to the brokenhearted and saves the crushed in spirit.”*

Psalm 34:18

# One Page Schedule

Quick overview for leaders and hosts

**Date:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Host:** \_\_\_\_\_

# Jesus & Manhood Bootcamp

## One Page Schedule

A simple rhythm. Stay present. Follow the next right thing.

### Day One

6:00 PM to 10:00 PM

<b>6:00–6:30</b>	Arrival and food
<b>6:30–6:45</b>	Welcome. Covenant. What we are doing.
<b>6:45–7:20</b>	True Faced audio session
<b>7:20–7:45</b>	Two Paths teaching
<b>7:45–8:00</b>	Break and reset
<b>8:00–9:30</b>	Movie
<b>9:30–10:00</b>	Close. Quiet reflection and dismissal

**Movie selection basis.** Choose a film that is church safe but still honest. It should reveal a man's wound, the mask he wears, the lie he lives from, and a turning point that invites repentance, surrender, and return.

### Day Two

8:00 AM to 6:00 PM

<b>8:00–8:45</b>	Breakfast and quiet
<b>8:45–9:00</b>	Orientation
<b>9:00–11:00</b>	Story Time. Man 1 and Man 2
<b>11:00–11:20</b>	Break
<b>11:20–1:20</b>	Story Time. Man 3 and Man 4
<b>1:20–2:10</b>	Lunch
<b>2:10–2:40</b>	Break and reset
<b>2:40–4:40</b>	Story Time. Man 5 and Man 6
<b>4:40–5:00</b>	Break
<b>5:00–5:40</b>	Communion and commissioning
<b>5:40–6:00</b>	Next steps and sending

*"Let us run with endurance the race that is set before us, looking to Jesus."*

Hebrews 12:1–2

# Leader Packet

Facilitator guidance and delivery notes

**Date:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Host:** \_\_\_\_\_

Build a clear story. Tell the truth. Put Jesus at the center.

# Weekend Purpose

## Weekend Purpose

Create a safe and structured space where men can bring their stories into the light under Christ.

Day One sets the stage.

Day Two is story work.

## Leader Posture

Calm.

Present.

Not performative.

You are not the hero. Jesus is.

Your job is to hold the room.

Set the tone.

Guard the covenant.

Keep time.

Invite clarity.

## Non Negotiables

- Confidentiality.
- No fixing.
- No teaching during story time.
- No side conversations.
- No minimizing.
- No joking to escape tension.

# Room Setup

## **Room Setup**

Seats in a circle.

Warm lighting.

A clock visible to the leader.

# Leader Script

## **Leader Script. Orientation for Day Two**

Men, today is story day.

Each man gets one hour.

Thirty minutes to share.

Thirty minutes for follow up questions.

While a man shares, we do not interrupt.

We do not correct.

We do not give advice.

We listen.

After he finishes, we ask questions that help him name what matters.

We keep the focus on his story, his beliefs, and where Jesus is inviting return.

## **Timekeeping Instructions**

Use a visible timer.

At 25 minutes, give a gentle reminder.

At 30 minutes, stop the share with kindness.

Then move to questions.

At 55 minutes, begin closing.

At 60 minutes, end cleanly and move to the next block or break.

# Questions and Closing

## Question Posture for the Group

Questions are not statements.

Good questions:

- What did you believe about God in that season?
- What did you believe about yourself?
- What did you start doing to survive?
- What did you stop trusting?
- Where do you see Jesus now?
- What would repentance look like?

## Closing

**You are not called to hide.**

**You are called to walk in the light.**

## Closing and Next Steps

Remind men of confidentiality.

Remind them to follow through on what God revealed.

Encourage them to stay connected.

Encourage them to schedule a follow up conversation with another man from the weekend.

“If we walk in the light, as He is in the light, we have fellowship with one another.”

**1 John 1:7**

# Printables

Worksheets and quick-use pages

**Date:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Host:** \_\_\_\_\_

Build a clear story. Tell the truth. Put Jesus at the center.

# Printables

Keep these pages in front of you. Use them. Write the truth.

## Covenant Card

- Presence. Phones away. Stay engaged.
- Confidentiality. Stories stay here. Only your own story leaves the room.
- No fixing. We listen to understand, not to correct.
- No comparison. No shame.
- Courage and grace.

## Story Notes Page

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Visible story. What others see.

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Inner story. What is beneath the surface.

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God's eternal story. Where Jesus is at work.

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## My Wound and My Mask

The moment my innocence broke was:

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What I believed because of it:

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## Follow Up and Closing

Use these prompts to help a man name what matters and return to Jesus.

### Story Questions

What do I fear losing most

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What role did I become to survive

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Where do I see Jesus inviting repentance and return

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### Quick Prompts for Follow Up Questions

- What did you believe about God in that season
- What did you believe about yourself
- What did you start doing to survive
- What did you stop trusting
- Where do you see Jesus now
- What would repentance look like

### Closing Prayer Space

*"Search me, O God, and know my heart." Psalm 139:23*

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# Two Paths Talk Track

Opening teaching manuscript

**Date:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Host:** \_\_\_\_\_

Build a clear story. Tell the truth. Put Jesus at the center.

**Open. Set the frame.**

The Two Paths.

The fallen structure and the godly structure.

Fear or trust. Self or surrender.

Every life is built on belief.

Not surface level belief.

Not what we say in church.

Not what we assume because we grew up around faith.

The beliefs that actually shape our lives are the ones we live from.

The ones that form our instincts.

The ones that quietly answer the question. Can God be trusted.

**Belief is never neutral.**

Belief is never neutral.

*“There is a way that seems right to a man, but its end is the way to death.”*

Proverbs 14:12

This verse speaks to direction, not just rebellion.

What you believe sets the entire direction of your story.

**The root of belief.**

Every belief you hold about God comes from one of two places.

Experience or ignorance.

When we experience God's goodness, our hearts learn trust.

Grace meets us in our lowest moments.

Provision shows up where there was no way forward.

God's presence sustains us in grief.

Forgiveness restores what shame tried to destroy.

*"Taste and see that the Lord is good."*

Psalm 34:8

Taste implies experience.

Not theory.

Not borrowed faith.

**When pain is misread.**

Not all experiences feel good.

A father's failure.

A betrayal that cuts deeply.

A prayer that seems unanswered.

A season where God feels silent.

These moments do not automatically produce false beliefs.

They become dangerous when they are misinterpreted.

If we fail to look for God's hand in suffering, ignorance fills the gap.

If we fail to anchor pain in truth, lies rush in.

Without lived experience of God's goodness and the grounding of His Word, our wounds become teachers.

Cultural narratives step in. Fear speaks loudly.

Ignorance is the absence of understanding.

And absence always gets filled.

**Belief builds structure.**

Belief never remains hidden.

Belief builds structure.

Structure is the unseen framework that shapes how you live, love, lead, and respond under pressure.

It forms habits. Habits shape character. Character tells a story.

*“Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock.”*

Matthew 7:24

Structure determines whether a life stands or gives way.

Beneath every story is a structure.

One formed by fear.

One formed by trust.

Every person lives from one.

**Approach.**

We begin by examining the fallen structure.

Not as accusation. As clarity.

Light reveals what has been shaping us, so repentance and reordering can begin.

**The fallen structure.**

The fallen structure begins quietly.

A belief settles in.

God is not good.

Or at least, not good to me.

This belief is rarely spoken.

It forms beneath the surface, often in the wake of pain.

From that point on, life becomes guarded.

If God cannot be trusted, I must protect myself.

If God will not provide, I must secure my future.

If God did not come through, I cannot afford to fail again.

Life organizes around self preservation.

It begins as a response to hurt.

It grows as a way to survive.

## **Fallen structure stages.**

### **1. The Wounded Seeker**

Belief. God did not protect me.

Response. Fear and rage.

Scripture. Psalm 78:18 to 19.

### **2. The Demanding Believer**

Belief. People must protect me.

Response. Emotional control and expectations.

Scripture. Jeremiah 17:5.

### **3. The Conflicted Disciple**

Belief. You failed me, and now I hate you.

Response. Inner turmoil and passive aggression.

Scripture. 1 John 3:15.

### **4. The Angry Leader**

Belief. I must be the problem.

Response. Shame and self hatred.

Scripture. Psalm 38:4.

### **5. The Arrogant Sage**

Belief. I will get what I want myself.

Response. Self made. Prideful. Disconnected.

Scripture. Proverbs 16:18.

## **Transition.**

Many live here without realizing it.

Caught in a story God never authored.

But God does not leave us there.

**The godly structure.**

The godly structure begins with a settled belief.

God is good.

Not as an idea.

Not as a concept to defend.

But as a reality known through trust and obedience.

Pain is no longer proof of abandonment.

Delay is no longer evidence of absence.

Suffering is no longer meaningless.

When goodness is anchored in God's character, not circumstances, everything reorders.

Trust replaces fear. Surrender replaces control. Obedience becomes possible.

This belief does not remove difficulty.

It gives difficulty meaning.

## **Godly structure stages.**

### **1. The Trusting Seeker**

Belief. God is working all things for my good.

Response. Peace and surrender.

Scripture. Romans 8:28.

### **2. The Loving Believer**

Belief. I want to give, not get.

Response. Freedom in relationships.

Scripture. 1 John 4:19.

### **3. The Confident Disciple**

Belief. I accept you because God accepted me.

Response. Intimacy without stipulation.

Scripture. Romans 15:7.

### **4. The Servant Leader**

Belief. When I fail to love, I repent.

Response. Joyful responsibility.

Scripture. Psalm 51:10.

### **5. The Humble Sage**

Belief. I cannot be perfect, but I will obey.

Response. Dependence and worship.

Scripture. John 14:15.

**Why this matters.**

Your beliefs become your habits.

Your habits shape your character.

Your character tells your story.

The fallen structure keeps you trapped in survival.

The godly structure opens the door to freedom, faithfulness, and fruitfulness.

**Close. Invite reflection.**

Pause.

Ask honestly.

What do I believe about God when life hurts.

Where am I protecting myself instead of surrendering.

Which structure am I actually living from.

*“Search me, O God, and know my heart.”*

Psalm 139:23

Repent where needed.

Return to the road that leads to life.

Because every structure begins with belief.

**Movie lens.**

Now we will watch a film as a shared lens.

Choose one option for the weekend.

Warrior. The Way. Field of Dreams.

As you watch, watch for the wound, the mask, the lie, the coping, the longing, and the rescue.

Do not over talk it tonight. Let it sit.

# Story Weekend Story Guide

Leader-ready story framework and prompts

**Date:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Host:** \_\_\_\_\_

Build a clear story. Tell the truth. Put Jesus at the center.

# How to Use This Guide

Keep it honest. Keep it clear. Keep it reproducible.

**This guide is designed to help men tell the truth about their story.**

It is not therapy.

It is not performance.

It is a simple framework for confession, clarity, and courage.

## **How to use it**

Read each page once.

Write slow.

Do not judge what you find.

Name what is true.

If your story includes trauma, abuse, or deep grief, you should seek wise pastoral care and professional support. This weekend can be a starting point, not the entire path.

# The Three Layers of Story

This is the framework behind every share.

**Every story has three layers.**

## **1. The Visible Story**

What people could see.

What you built.

What you protected.

What you performed.

## **2. The Inner Story**

What was happening underneath.

The need.

The fear.

The wound.

The coping.

## **3. God's Eternal Story**

What God was doing while you lived your story.

Where Jesus was present.

What He was revealing.

What He was redeeming.

You do not need perfect words.

You need truthful words.

# Story Weekend Share Format

A simple structure for telling your story out loud.

**This is the live delivery framework.** It keeps it high level and reproducible.

## **Part 1. The Visible Story**

What people could see.

What you built.

What you performed.

What you protected.

## **Part 2. The Inner Story**

What was happening underneath.

The need.

The fear.

The coping.

## **Part 3. God's Eternal Story**

Where Jesus met you.

What He has been forming in you.

What He is inviting you to surrender.

What He is calling you to become.

## **Close with one sentence**

"Here is what I want to be true going forward."

# The Wound and the Mask

Naming the mask is the first step to removing it.

## **When you are wounded, you learn to cover.**

In Genesis 3, Adam and Eve felt exposed. They made coverings and hid. (Genesis 3:7–10.)

That is what men still do.

We hide what hurts.

We cover what we fear will be rejected.

## **Ask two questions**

Where did I get wounded?

How did I learn to cope?

## **Write the mask**

Control. Humor. Performance. Anger. Withdrawal. Pleasing. Perfection. Silence.

## **One sentence**

“I tend to wear the mask of \_\_\_\_\_ when I feel \_\_\_\_\_.”

# Act 1. Innocence

Before you knew you had to protect yourself.

Find the repeating wound.  
Think teenager and young adult years.  
Where were you let down terribly.  
What did you learn from these.

Now look for repetition.  
What was similar about these moments.  
Same type of person.  
Same kind of disappointment.  
Same feeling in your chest.

Write the repeating sentence.  
“It always ends with.”  
“It always feels like.”  
“It always proves.”

Do not judge it yet.  
Just name it.

## Act 2. The Wound

The moment innocence broke.

Name one moment that shaped you.

What happened.

Who was there.

What did you need that you did not receive.

Write the wound in plain words.

"I was \_\_\_\_\_."

"I felt \_\_\_\_\_."

"I learned \_\_\_\_\_."

Do not dramatize it.

Do not minimize it.

Tell the truth.

## Act 3. The False Belief

The lie you started living from.

A wound often produces a belief.  
It becomes a sentence you live under.

Finish one of these lines.

“I have to \_\_\_\_\_ to be safe.”

“I have to \_\_\_\_\_ to be loved.”

“People always \_\_\_\_\_.”

“God will not \_\_\_\_\_.”

Now ask:

Is this belief true.

Or is it a coping story.

Write the belief as one sentence.

Then underline the key word.

## Act 4. Coping

The strategy that helped you survive.

How did you cope with rejection.

Write what you actually did.

Did you hide.

Did you perform.

Did you control.

Did you detach.

Did you please.

Did you work harder.

Did you shut down.

Did you get louder.

Coping is not the villain.

It was a form of protection.

## Act 5. The Vow

The promise you made to yourself.

Many men make an inner vow.  
It sounds strong, but it often becomes a chain.

Complete one sentence.

"I will never \_\_\_\_\_ again."

"I will always \_\_\_\_\_."

"I cannot \_\_\_\_\_."

What has that vow cost you.  
What has it protected you from.

Now write a better vow.  
One that sounds like trust, not fear.

## Act 6. The Pattern

How the wound keeps showing up now.

Where does the old belief still drive you.

In marriage.

In friendship.

In fatherhood.

In leadership.

Write one repeating pattern.

“When I feel \_\_\_\_\_, I usually \_\_\_\_\_.”

What would obedience look like instead.

What would honesty look like instead.

What would humility look like instead.

## Act 7. Rescue

Who entered the story when you could not save yourself.

Do not force this part.

Let it be honest.

Answer this question as it is.

Who or what has been “rescue” in your story so far.

A person.

A mentor.

A calling.

A community.

A moment of clarity.

A crisis that woke you up.

Jesus Himself.

Then ask the deeper question.

Did that rescue change the wound.

Or did it simply help you cope better.

If it was Jesus, celebrate it clearly.

Name what changed.

Name what you could not do for yourself.

Name what you are becoming.

If it was not Jesus, do not fake it.

Instead, name the limitation.

# Host Kit

Checklists, setup, and host guidance

**Date:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Host:** \_\_\_\_\_

Build a clear story. Tell the truth. Put Jesus at the center.

### **Weekend Purpose**

Create a safe and structured space where men can bring their stories into the light under Christ.

Friday sets the stage.

Saturday is story work.

### **Host Roles**

- Host Lead. Reads the covenant. Holds the tone. Guides transitions.
- Timekeeper. Runs the visible timer. Protects the thirty minute share and the thirty minute questions.
- Hospitality Lead. Food, coffee, water, and a calm environment.
- Prayer Lead. Available for prayer during breaks and after the day.
- Tech Lead. Audio session, film playback, sound, and screen.

### **Room Setup**

- Seats in a circle.
- Warm lighting.
- A clock visible to the leader.
- A visible timer for story time.
- Water available. Tissue available.
- Participant guides and pens on chairs, if possible.
- Covenant posted where all can see.

**Supplies Checklist**

- Printed participant guides and story pages.
- Printed covenant cards, if you use them.
- Pens and journals or note pages.
- Name tags and markers.
- A phone basket or clear phone expectation sign.
- Communion elements for commissioning time.
- A simple first aid kit.

**Tech Checklist**

- True Faced audio session loaded and tested.
- Film loaded and tested.
- HDMI or adapter for your device.
- Speakers loud enough for the room.
- Remote or easy pause control for the film.
- A backup plan if internet fails.

**Food and Flow**

Keep food simple. Keep breaks clean. Protect the pace of the room.

- Friday. Food on arrival.
- Saturday. Breakfast and quiet. Lunch. Simple snacks.
- During story time. Keep snacks and coffee available, but avoid side conversations.

**Pre Weekend Communication**

- Send the schedule and expectations two weeks out.
- Ask men to bring a Bible and a journal.
- Tell men phones will be away during sessions.
- Remind men that Friday is stage setting and Saturday is story.

**Care and Safety**

We create a safe space.

We are not counselors.

We do not diagnose.

We listen and we pray.

- If a man discloses current danger or abuse, follow your church policy and local laws.
- If a man is overwhelmed, offer a quiet space and prayer.
- If a man needs more care, help him take a next step with a pastor or qualified counselor.

**Closing Reminder**

Remind men of confidentiality.

Encourage them to follow through on what God revealed.

Encourage them to stay connected.

Encourage them to schedule a follow up conversation with another man from the weekend.

# Run of Show

Leader timing, flow, and transitions

**Date:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Host:** \_\_\_\_\_

Build a clear story. Tell the truth. Put Jesus at the center.

Day One Run of Show

Time	Block	Leader notes
6:00 to 6:30	Arrival and food	Set the tone. Music low. Warm welcome. No rush. Keep phones away where possible.
6:30 to 6:45	Welcome. Covenant. Frame the gathering	Read the covenant. Clarify posture. We listen. We do not fix. We tell the truth in love. Invite men into courage and grace.
6:45 to 7:20	True Faced audio session	Play the audio. Keep the room quiet. Let the content do its work. No teaching during this block.
7:20 to 7:45	Two Paths teaching	Teach the Two Paths. Fallen structure and godly structure. Fear or trust. Self or surrender. Keep it direct. Keep it Scripture anchored.
7:45 to 8:00	Break and reset	Restroom. Water. Set up the movie. Lights. Sound. Bring the room back on time.
8:00 to 9:30	Movie Session	<b>Lens intro.</b> One to two minutes. Name what to watch for. Wound. Mask. Lie. Coping. Longing. Rescue. <b>Movie.</b> Play it straight. No commentary. <b>Close prayer.</b> Short. Honest. Ask Jesus to bring what is hidden into the light.
9:30 to 10:00	Dismissal and departure	Confidentiality reminder. Confirm Day Two start time. Encourage quiet drive home. Simple prayer if needed.

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## Movie Session Lens. Leader Script

**Before the movie**

Tonight we are letting story reveal what men hide. As you watch, watch for the wound, the mask, the lie, the coping, the longing, and the rescue. Pay attention to what stirs you, what you avoid, and what you relate to.

**After the movie**

We do not diagnose each other. We do not perform. We let the Lord name what is true. If something surfaced, hold it. Bring it tomorrow in your story. "Above all else, guard your heart, for everything you do flows from it." **Proverbs 4:23**

**Close prayer**

Jesus, bring what is hidden into the light. Expose the lie. Heal the wound. Teach us to trust You. Lead us into surrender. Amen.

**Day Two Run of Show**

**Posture for Day Two**

Day Two is story day. We do not rush. We do not fix. We do not interrupt. We keep time. We honor the room. We ask honest questions. We point men to Jesus.

**Timekeeping**

Each man receives a full hour. Thirty minutes to share. Thirty minutes for follow up questions. Give a five minute warning. Close on time. Trust the process.

Time	Block	Leader notes
8:00 to 8:45	Breakfast and quiet	Keep the room calm. Encourage Scripture. Minimal conversation.
8:45 to 9:00	Orientation	Re read covenant. Explain Story Time format. Confirm timekeeping.
9:00 to 11:00	Story Time. Man 1 and Man 2	One hour each. Leader keeps time.
11:00 to 11:20	Break	Reset. Water. Bathroom.
11:20 to 1:20	Story Time. Man 3 and Man 4	One hour each.
1:20 to 2:10	Lunch	Unhurried. Honor. No fixing.
2:10 to 2:40	Break and reset	Reset the room. Pray quietly.
2:40 to 4:40	Story Time. Man 5 and Man 6	One hour each.
4:40 to 5:00	Break	Prepare communion.
5:00 to 5:40	Communion and commissioning	Scripture. Confession. Gratitude. Release men to obedience.
5:40 to 6:00	Next steps and sending	Follow up rhythm. Brotherhood. Obedience. Commission and dismiss.

# Follow Up System

Post-event connection plan

**Date:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Host:** \_\_\_\_\_

**Core Commitments**

Remind men of confidentiality.

Remind them to follow through on what God revealed.

Encourage them to stay connected.

**The first 24 hours**

Send one short message.

**Text template**

Thank you for your courage this weekend. Keep what is true in the light. Follow through on what God surfaced. Reach out to one man from the weekend and schedule a conversation this week.

**The first 7 days**

Pair men for a follow up conversation.

- One hour call or coffee.
- Start with prayer.
- Share one thing God revealed.
- Name one next step.
- Set one check in date.

**Follow up questions**

- What did God make clear to you this weekend
- What are you still tempted to hide
- What is one act of repentance you need to take
- Who do you need to speak truth to
- What does obedience look like this week

**The first 30 days**

Keep it simple. Keep it steady.

- One Scripture each day. Read slowly. Pray honestly.
- One brother check in each week.
- One act of repair at home, if needed.
- One act of mission or service.

**Suggested passages**

- Psalm 139:23 to 24
- Proverbs 4:23
- 1 John 1:7
- Psalm 34:18
- James 5:16

**Thirty day check in****30 day check in message****Text template**

Checking in. What have you followed through on since the weekend. Where do you need help staying in the light. Who are you walking with right now.

# Licensing and Use

Usage terms and permissions

**Date:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Host:** \_\_\_\_\_

**Scope**

This kit is provided for local use by a church, ministry, or host team.

Use it to host a Jesus & Manhood Bootcamp weekend for your own group.

**What you may do**

- Host a Jesus & Manhood Bootcamp weekend for your group.
- Print participant guides and worksheets for attendees of your event.
- Use the schedule, room covenant, and story structure as written.

**What you may not do**

- Resell this kit or any part of it as your own product.
- Share the files publicly online or in open groups.
- Record the sessions and publish them as content.
- Rewrite the covenant or core structure and still call it this bootcamp.

### **Attribution**

If you print materials, keep the title page intact.

If you need an attribution line, use this.

**Jesus & Manhood Bootcamp. Used with permission.**

### **Extended licensing**

If you want to run multiple weekends, use this across multiple campuses, or train multiple host teams, request an extended license.

### **Notes**

This is not legal advice.

Use this page as a clear boundary for stewardship and integrity.

# Movie Option Guide

Movie selections and notes

**Date:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Host:** \_\_\_\_\_

**Why we use a movie**

Purpose

The movie helps men see what they avoid.

It prepares the room for story day.

It gives language for wound, mask, and coping.

**How to choose the movie**

The movie must do five things.

- Show a clear wound.
- Show a clear mask.
- Show a coping pattern.
- Show a moment where the mask cracks.
- Leave space for the gospel to complete what the story exposes.

The movie must not do four things.

- Glorify sin.
- Use crude humor as a crutch.
- Turn men toward cynicism.
- Resolve the story with self salvation.

Guard the room.

*“Above all else, guard your heart.”*

Proverbs 4:23

**Friday Night Movie Instructions****Step 1. Set the posture.**

Tonight is preparation. Tomorrow is story day.

We are not here to perform. We are here to walk in the light.

We will guard the covenant. We will keep time. We will honor each other.

**Step 2. Give the lens.**

Do not watch for entertainment. Watch for formation.

Watch for the wound. Watch for the lie. Watch for the mask.

Watch for coping. Watch for longing. Watch for the moment the mask breaks.

**Step 3. Silence after the movie.**

Do not speak right away. Give five minutes.

Let men feel what they avoid.

*“Be still, and know that I am God.”*

Psalm 46:10

**Step 4. Journaling prompts.**

- What scene stayed with you.
- What wound did you recognize.
- What mask did you see.
- What lie was underneath it.
- Where do I see that in my own life.
- What am I still protecting.
- What would it look like to bring that into the light.

**Step 5. Close with a short prayer.**

Jesus, we do not want to hide. Search us. Expose what is false. Heal what is wounded. Give us courage for tomorrow. Amen.

### **Approved Movie Options**

All options are under Rated R.

All are church workable.

All are raw enough to resonate.

Approved options

- Warrior. Rated PG 13.
- The Way. Rated PG 13.
- Field of Dreams. Rated PG.

**Option One. Warrior****Rating.** PG 13**Why it works**

Father wound, brother rivalry, anger, shame, and silence. The mask is strength and isolation. The inner story drives the outer story. It pulls men into honesty quickly.

**Best for**

Groups with intensity. Men who hide behind toughness. Rooms where anger and isolation are common.

**Cautions**

The tone is heavy. Violence is present due to fighting. Use the lens to keep the group on the heart, not the sport.

**Scripture pairing**

Psalm 27. Ephesians 4:26 to 32. 2 Corinthians 5:17.

**Movie lens insert. Watch for**

Where the fight started. Who each man is trying to please. What they are trying to prove. What they cannot say out loud. Where confession begins. Where reconciliation is attempted.

**Movie lens insert. Ask yourself**

Where did my fight begin. What do I feel I must prove. What do I do with anger. Where am I isolated. What would repentance look like this week.

**Option Two. The Way****Rating.** PG 13**Why it works**

Grief and regret become a road. A man is forced to slow down and feel. The mask is control and productivity. The turning is surrender and community.

**Best for**

Rooms with older men and fathers. Church groups. Men carrying loss, disappointment, or regret.

**Cautions**

Grief themes are strong. Some men may connect to their own loss unexpectedly. Keep the room calm and grounded.

**Scripture pairing**

Psalm 23. 2 Corinthians 1:3 to 4. Luke 24:13 to 35.

**Movie lens insert. Watch for**

Where grief is avoided. Where control is clung to. Where community begins to form him. Where surrender shows up. Where the road becomes transformation.

**Movie lens insert. Ask yourself**

What loss shaped me. What regret do I carry. Where am I staying busy to stay numb. What road is Jesus inviting me to walk.

**Option Three. Field of Dreams****Rating.** PG**Why it works**

Maximum church accessibility with a deep father wound and reconciliation theme. A man is pulled into obedience that costs him. The raw moment is the offer of blessing and restoration.

**Best for**

First time groups. Multi generation rooms. Church safe environments that still want depth.

**Cautions**

Some men will watch passively. You must give the lens clearly and protect silence after the movie so the heart can surface.

**Scripture pairing**

Malachi 4:6. Ephesians 6:4. Colossians 3:21.

**Movie lens insert. Watch for**

Where father pain lives. Where regret shows up. Where obedience costs him. Where reconciliation becomes possible. Where blessing is offered.

**Movie lens insert. Ask yourself**

What did I need from my father. What words did I never receive. What do I still carry. What is one step toward repair.

**Licensing and Public Viewing Note**

If you show a movie publicly, you typically need permission.

Do not assume streaming services cover public viewing.

Get the appropriate public performance license through the right channels for your venue.

If you are unsure, ask your church administrator or legal counsel.

*“Let all things be done decently and in order.”*

1 Corinthians 14:40

# Warrior Movie Lens

Discussion lens and leader answers

**Date:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Host:** \_\_\_\_\_

**Movie Lens. Watch for**

Watch for these themes. Keep the room on the heart, not the sport.

- Where the fight started.
- Who each man is trying to please.
- What they are trying to prove.
- What they cannot say out loud.
- Where confession begins.
- Where reconciliation is attempted.

**Movie Lens. Ask yourself**

Use these prompts for silence and journaling after the film.

- Where did my fight begin.
- What do I feel I must prove.
- What do I do with anger.
- Where am I isolated.
- What would repentance look like this week.

**Leader Answers and Facilitation Notes****Core wound**

A father who failed to protect and nurture. A home where trust broke. A son learns that pain must be buried or turned into power.

**Common masks**

The fighter. The lone wolf. The achiever. The controlled man. The untouchable man.

**Common lies**

I am only valuable if I win. I must stay hard to survive. I cannot be weak. I cannot trust.

**Coping patterns**

Isolation. Rage. Control. Self punishment. Overtraining. Work as escape. Refusing help.

**Gospel Bridge****Bridge to Jesus**

Jesus invites sons out of fear and into love. Perfect love casts out fear.

When the wound is named, the mask can fall. When the mask falls, confession can begin. When confession begins, healing can follow.

Keep it simple.

Where the movie reveals the wound, Jesus offers a new Father.

Where the movie shows isolation, Jesus forms a family.

Where the movie shows rage, Jesus teaches a new way of strength.

### **Scripture Pairing**

Use one of these passages to close Friday night or to frame Saturday morning.

- Psalm 27
- Ephesians 4:26 to 32
- 2 Corinthians 5:17
- 1 John 4:18

# The Way Movie Lens

Discussion lens and leader answers

**Date:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Host:** \_\_\_\_\_

**Movie Lens. Watch for**

Watch for these themes. Keep the room on the heart, not the road trip.

- Where grief is avoided.
- Where control is clung to.
- Where community begins to form him.
- Where surrender shows up.
- Where the road becomes transformation.

**Movie Lens. Ask yourself**

Use these prompts for silence and journaling after the film.

- What loss shaped me.
- What regret do I carry.
- Where am I staying busy to stay numb.
- What road is Jesus inviting me to walk.

**Leader Answers and Facilitation Notes****Core wound**

Loss that was not processed. Love that was held at a distance. A man shuts down to keep functioning.

**Common masks**

The productive man. The competent man. The self sufficient man. The man who stays busy so he does not have to feel.

**Common lies**

If I slow down, I will break. I must handle this alone.

**Coping patterns**

Work as anesthesia. Avoidance. Emotional distance. Cynicism.

**Gospel Bridge****Bridge to Jesus**

Jesus meets men on the road. He draws near to the brokenhearted.

He does not rush grief. He walks with us through it.

Keep it simple.

Where the movie shows avoidance, Jesus invites honesty.

Where the movie shows control, Jesus invites surrender.

Where the movie shows isolation, Jesus forms community.

### **Scripture Pairing**

Use one of these passages to close Friday night or to frame Saturday morning.

- Psalm 23
- 2 Corinthians 1:3 to 4
- Luke 24:13 to 35
- Psalm 34:18

# Field of Dreams Movie Lens

Discussion lens and leader answers

**Date:** \_\_\_\_\_

**Location:** \_\_\_\_\_

**Host:** \_\_\_\_\_

Build a clear story. Tell the truth. Put Jesus at the center.

**Movie Lens. Watch for**

Watch for these themes. Keep the room on the heart, not the nostalgia.

- Where father pain lives.
- Where regret shows up.
- Where obedience costs him.
- Where reconciliation becomes possible.
- Where blessing is offered.

**Movie Lens. Ask yourself**

Use these prompts for silence and journaling after the film.

- What did I need from my father.
- What words did I never receive.
- What do I still carry.
- What is one step toward repair.

**Leader Answers and Facilitation Notes****Core wound**

Distance with a father. Words not spoken. Blessing not received. Regret held for years.

**Common lies**

It is too late. I am fine. I do not need his words.

**Coping patterns**

Avoidance. Independence. Staying busy. Dismissing the need for blessing.

**Gospel Bridge****Bridge to Jesus**

The Father blesses sons in Christ. You do not have to earn it.

In Jesus, the Father speaks blessing over us. Beloved. Accepted. Secure.

Keep it simple.

Where the movie reveals regret, Jesus invites repentance.

Where the movie reveals longing, Jesus offers adoption.

Where the movie offers a moment of blessing, Scripture shows the Father's blessing is available in Christ.

### **Scripture Pairing**

Use one of these passages to close Friday night or to frame Saturday morning.

- Malachi 4:6
- Ephesians 6:4
- Colossians 3:21
- Romans 8:15
- Matthew 3:17